

## **Contest for migrants living in Poland: tell us your story.**

Are you a migrant living in Poland? Have you come here for work? Did you run away from war or persecution? Or have you simply come here looking for a better life? We want to hear your voice. Tell us about your experiences, hopes and fears, everyday life, interaction with Poles. All foreigners living in Poland are eligible to enter the contest – regardless of their nationality and legal status.

**The contest is organised under the auspices of the Office of Polish Ombudsman.**

You can tell your story in two ways:

1. Write an article about your life in the form of a journal entry, max. 8 000 signs with spaces (around 4 A4 pages) in Polish, English, Russian or French.
2. Record a short video, max. 3 minutes (for example with your smartphone)

Please send your entry to [redakcja@oko.press](mailto:redakcja@oko.press), with the subject: “Contest for migrants” until **19/08/2018**.

**Prizes:** We will award one main prize in each category with 800 zł, and two special prizes (400 zł each). All of the awarded articles and films will be published on OKO.press website.

Info about the organisers:

**OKO.press** – a fact-checking, independent journalistic website. We are an independent, civic medium without ads or sponsored content. We publish investigative materials; we analyse actions of the government (in a critical, yet objective manner) and of the opposition; we monitor public expenses; we commission our own opinion polls. Through our honest and thorough reporting we defend human rights of the citizens and residents of Poland, especially the vulnerable minorities – including refugees and migrants.

[www.oko.press](http://www.oko.press)

**“Ocalenie” Foundation** – An NGO helping refugees and migrants since 2000. We work towards an inter-cultural dialogue and a strong civil society. We provide free legal and psychological support, as well as free Polish languages classes. We organise workshops promoting integration for migrants and Polish citizens.

[www.ocalenie.org.pl](http://www.ocalenie.org.pl)

